



# GET CONNECTED WITH THE FMCS PATIENT PORTAL!

**TALK TO A STAFF MEMBER TODAY TO GET  
SIGNED UP!**



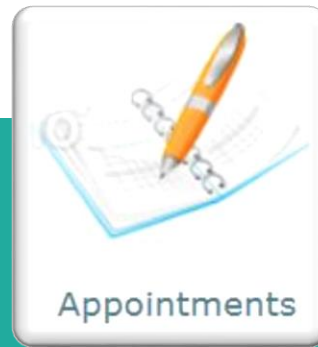
- 1) Provide your email to a staff member and have them enable your access to the portal.
- 2) Receive an email with a Username and Password and go to <https://health.Healow.com/FMCS> and login.  
or
- 3) For mobile devices, go to <https://health.Healow.com/FMCS> and download the Healow App (Practice Code: [JCBFAA](#)).



Lab Reports



View Health Records



Appointments



Request Refills  
from your doctor

**SAFE, SECURE, CONFIDENTIAL, AND PRIVATE ACCESS TO YOUR RECORD!**

**VIEW LAB RESULTS FROM THE COMFORT OF YOUR HOME!**

**REQUEST PRESCRIPTION REFILLS ON THE GO!**

**GET CLINICAL ADVICE!**

**SEE REFERRALS/GET UPCOMING APPOINTMENT REMINDERS!**

**TO SIGN UP, PROVIDE YOUR EMAIL AND PHONE NUMBER  
TO A STAFF MEMBER TODAY!**